

Positive Impact, Achieving Aspirations

# Wirral's Local Offer for Care Experienced Young People

Wirral Council's Local Offer tells you about support that we have for you as a Care Experienced young person. We want to make sure that you feel safe and supported and know where to go for advice and help.

Wirral Care Leavers and the Care Leavers Council have been involved in developing the Local Offer. The Local Offer will be reviewed every 12 months. This document is available in your first language.

یمرده سد ته یهکهم ت زمانی به به له گهنامه یه به م

Ev belge bi zimanê we yê pêşîn heye.

دى موجود كې ژبه لومړۍ په سرتا سو سرند دا

الأولى بالغنك مناح المستند هذا hudha al-mustand metah belghetke al-awla.

ا ست د س ترس در شما اول زب ان ب ه سند ای ن. ain sand bay zaban awal shama der dastres st.

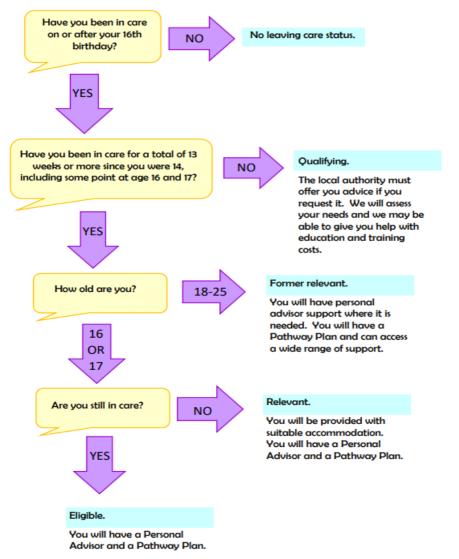
Tài liệu này có sẵn bằng ngôn ngữ đầu tiên của bạn.

Dukumentigan waxaa lagu helayaa luqadaada hooyo.

The Local Offer should be read along with the Wirral Care <u>Leavers' Guide.</u>

## Am I a Care Leaver?

To be able to get the support, you must be in care for at least 13 weeks between the ages of 14 and 16, including your 16th birthday or 13 weeks after your 16th birthday.



## **Corporate Parenting Principles**

There are seven corporate parenting principles that Local Authorities must keep in mind in relation to children and young people who are Care Experienced. They are as follows:

- To act in the best interests and promote the physical and mental health and wellbeing of children and young people.
- To encourage children and young people to express their views, wishes and feelings.
- To take into account the views, wishes, and feelings of children and young people.
- To help children and young people gain access to and make the best use of services provided by Wirral Council and its relevant partners.
- To promote high aspirations and to seek to secure the best outcomes for children and young people.
- For children and young people to be safe, and for stability in their home lives, relationships, and education or work.
- To prepare children and young people for adulthood and independent living.

## Support for Care Experienced Young People

## Personal Advisor (PA)

If you are a Care Leaver, we will make sure you have a leaving care Personal Advisor to support you. It is their job to keep in touch with you, check you are alright, help you get what you need, ensure your accommodation is suitable, and encourage and support you in your education, training, and employment. Your Personal Advisor is there to help and advise you with your plans and make sure you have support while you move from being a young person to a young adult.

We will allocate a 'Personal Advisor' to support you from your  $16^{th}$  birthday, or shortly after.

We will try not to change your PA. In theory you might have the same PA for 9 years!

You will have a Pathway Plan to set out your aspirations, views, support needs and help plan for your future. This will include who is going to help you, anything you or others are worried about, and what your next steps may be.

Your Pathway Plan will be reviewed with you at least every 6 months. It will be updated to reflect your circumstances or any significant changes regularly.

Your PA will keep in touch with you; at least once every 56 days until you are 21, but more often if needed. After 21 you can decide and agree how often your PA contacts you.

If you need extra support after you turn 21, the Leaving Care team will work with you to identify what extra support you may need. Some examples of extra support needs are:

- You have special educational needs or a disability. If you currently have an Education Health Care plan (EHCP) or have had in the past you may find the SEND local offer helpful: <a href="https://localofferwirral.org/">https://localofferwirral.org/</a>.
- You are an unaccompanied Asylum-Seeking Child (UASC) and your immigration status is unclear.
- You are in or leaving custody or you have had contact with the criminal justice system.
- You are a young parent.
- You are going through a difficult time in your personal life.

## **Our Space**



Our Space is a building dedicated to you. This was one of the most important things care experienced young people told us they wanted. Our Space is a safe, friendly place that you can come to for events, staff support, and more.

#### Here at Our Space we offer:

- Duty Team of Personal Advisors are available every weekday between 9am-5pm.
- Facilities including Games, Chillout room, kitchen, washing facilities, and internet access.
- A café with free drinks and snacks.
- Access to Computers with free WIFI in our fully equipped digital suite.
- "OUR SHOP" where you can do a weekly shop for cupboard essentials, cleaning supplies, fresh meat, fruit and veg, and personal hygiene supplies. This is funded by the government Household Support fund.
- Have your tea at Our Space; every two weeks a freshly cooked meal will be

available in a warm space, with games, staff, and other young people.

- Celebration events including Listen to Me awards, Open Mic nights, Care Leaver's Week and lots more.
- Social evenings, Sewing and Cooking courses, and a SKILZ course where you can learn essential skills for life.
- 'Stay and Play' for parents with babies/toddlers.
- Sexual health Brook advisory drop-in sessions.
- Education, Employment, and training support and advice.
- Job Centre plus appointments with a dedicated Care Leaver work coach.

Details of helplines, apps, and websites that are free to access.

### Your right to be heard and listened to.

You have a right to be involved in decisions about your plans for Leaving Care. You have a right to be supported by an independent advocate to talk about or challenge decisions about the support we give you.

### **Your Voice**

It is your right to be involved and to have a meaningful voice in the decisions made about your life. Using your skills, talents, and experience to make a difference to others is something many Care Leavers and young people feel is important to them. We can help you by:

- Listening and taking account of your views about how we support you.
- You could join the Care Leaver Council.
- Asking you about your views in surveys and taking account of what you say.
- Asking you to be on an interview panel when we recruit new Social Care staff.
- Recognising and celebrating your achievements in Awards ceremonies and events.
- Attend Corporate Parenting Board so that senior leaders can hear feedback about the service directly from a Care Leaver.
- Giving you information on groups and clubs you may wish to join.

### **Advocacy**

Independent Advocates can inform you about your rights and help you to be heard in meetings. They are separate from Children's Services and the Leaving Care team. You can request an Advocate from Barnardo's WAIV (Wirral Advocacy Independent Visitor) Service with support from either your Social Worker or Personal Advisor.

#### Barnardo's WAIV Service Phone: 0151 650 5488

Email: wirralservices@barnardos.org.uk https://www.barnardos.org.uk/what-we-do/services/wirraladvocacy-children-looked-after-child-protection

## Complaints

If you aren't happy about something, we would encourage you to talk to your Social Worker, Personal Advisor, or other trusted adult. You can also contact the Leaving Care Team Manger or make a formal complaint to the complaints officer who will talk to you about your concerns. You can have support from an Advocate or adult you trust to help you with this.

#### Leaving Care Team

<u>Manager</u> Peter Rogan Phone: 0151 606 2814 Email: peterrogan@wirral.gov.uk

#### **Complaints Officer**

Rob Blackburn Phone: 0151 666 4340 Email: cypdcomplaints@wir ral.gov.uk

## Compliments

We welcome compliments or feedback from you, if you feel things are going well or you have been well supported.

The Care Leavers' survey is run annually. It gives you the opportunity to let us know how we are doing; we welcome any suggestions to improve our service.

You can send feedback at any point using the QR code below

#### Access to records

You have a right to see the information we keep about you. This includes the files and records written about you while you are care experienced.

Your Personal Advisor can support you to make a request to access your records and support you through the process.

## **Health & Wellbeing**

We care about your health and wellbeing. We understand that looking after your mental health is as important as your physical health.

### Support available to you may include:

- Help to register with a doctor, dentist, and optician.
- Attending appointments with you if you need.
- Access to information about healthy living, and healthy eating advice and guidance.
- Information on getting help to pay for prescriptions (NHS low-income scheme).
- Support you to move from CAMHS (Child and Adolescent Mental Health Services) to adult mental health services.
- Information about counselling services that are available, and support offered to attend.
- Help with transport costs when attending health appointments.
- Access to sexual health support.
- Ongoing support from your former "LAC nurse".
- Work with you and the LAC (Looked After Children) Health Team to develop a 'health passport'.

#### **Gym Pass**

We know that physical activity is beneficial for good mental health, and we will provide you with a Wirral Leisure card. This will give you free access to some of Wirral Council's leisure services, including gyms and swimming pools.

#### **Health Passport**

We will work with you and the LAC (Looked After Children) Health Team to develop a 'health passport'. This will contain key information from your childhood. For example, when and if you have had immunisations, and your current health needs. Your PA can also assist you to access "NHS App" where you can see all your health information and records.

**If you are a young parent,** we will encourage and support you and your family. You will be welcomed to "Stay and Play", an informal parent and toddler/baby group at Our Space. Stay and Play is led by Care Experienced young parents, with the support of a dedicated Personal Advisor. The group gives an opportunity to share and learn new skills and meet new people in a friendly environment. Agreed speakers will attend to provide information and have included Baby First Aid and Healthy Eating. We may support you with travel if you would like to attend.

We will support you to attend important appointments about your child.

If you find yourself either remanded or sentenced to custody your social worker and PA will continue to visit you and ensure the best plans are made for your discharge, as detailed in your pathway plan. If you are 16 or 17 you will receive a monthly allowance of £20 to purchase items from the prison canteen and shop. If you remain in custody after you are 21 you will remain open to the service, and we will continue to work with you and other agencies to plan for your discharge.

### **Mental Health**

Your mental health is important to us, we have a dedicated counselling service for Care Leavers provided by Polaris. There are a number of free to access crisis cafes just for young people and mental health agencies that we will support you to access.

## **Education and Training**

Whatever your aspirations are, we want you to thrive, enjoy learning new skills, and increase your knowledge.

#### Some of the support available to you:

- Advice and guidance from your Personal Advisor about your education and training needs and options.
- Access to a Personal Employability Coach for Careers Information, Advice, and Guidance.
- Up to date information about current education and training opportunities.
- Support to complete applications.
- Support to attend open days or interviews with colleges/training providers.
- Support you to enrol on your chosen course. Access to computers in "Our Space" .

### If you are planning to attend University, your

#### Personal Advisor or Employability Coach will support you by:

- Helping you consider your options.
- Providing information sessions with local Universities.
- Linking with local University Mentor schemes.
- Attending Open Days.
- Helping with UCAS applications.
- Helping with student finance forms.

- Researching scholarships and additional bursaries you may be entitled to and supporting you in applying for these.
- Looking for suitable accommodation to meet your individual needs.

Being Care Experienced, may entitle you to access bursary payments from your college or training provider. Your Personal Advisor or Employability Coach will provide you with a supporting letter detailing your eligibility to this funding.

If you need uniforms or equipment to complete your course, then your Personal Advisor will complete a financial assessment if the college/training provider does not offer this.

## **Employment:**

Working is a great way to earn money, increase confidence, and help you get to where you want to be in your adult life. You will have access to a specialist service who provide you with a Personal Employability Coach, working with your Personal Advisor, they can help you be "work ready" by:

- Giving you good quality up to date careers advice.
- Access to employer talks and information sessions.
- Support with writing a CV that records your key achievements and skills.
- Supporting applications and interview preparations.
- Help with clothes that are suitable for the job you want.
- Communicate regularly about job opportunities, events, and job fairs, and support you to attend.
- Supporting you to travel to an interview or job opportunity.

Department of Work and Pensions (Job Centre) are based at "Our Space" twice a week and offer support with matters relating to employment or benefits. An advisor from the Job Centre is on hand to help with any change in circumstances to your employment status.

Wirral Council offers several apprenticeship opportunities reserved just for Care Experienced Young people ("ring fenced"), this is subject to eligibility criteria and engagement in the recruitment process.

We will support you to access apprenticeships and employment with companies who work in partnership with Wirral Council.

We will encourage you to gain experience, to achieve your aspirations, and support you with accessing volunteering or work shadowing. If we can do this within Wirral Council, we will do our best to progress your chosen career.

If you have Special Educational Needs, we will make sure you receive help and support to access inclusive opportunities including Supported Internships.

Support will be provided to understand your rights and entitlements when employed.

#### Other support available to you:

- Advice about budgeting money you receive from employment.
- A reference for employment applications.
- Access to any internal courses or programmes we deliver to support you into employment.
- We will provide any Special Clothing (PPE) you may need for work if your employer is unable to do so.



# Participation:

Listening to Care Experienced Young People is crucial in shaping and developing our service.

## Care Councils (CICC & CLC's)

The Children in Care Council (CICC) and Care Leavers Councils ( CLC and CLC 21+) are groups of young people who have all been in care, who have had different experiences, and have a view of how things could change.

### What CICC and CLC's do?

The CICC and CLC's are always looking for new members. Meetin gs are at least once a month, and they are an opportunity for you to make sure your views and ideas are heard by decision makers in Wirral Council.

The CICC and CLC's are involved in lots of interesting projects that make a difference for young people. It could give you the chance to meet new people and have your voice heard.

# Reasons to get involved with Children in Care or Leaving Care Councils:

- The CICC and CLC's contribute to recruitment, training, and selection of professionals.
- You will have the opportunity to attend the corporate parenting panel. Ensuring that the voice of care leavers is heard.
- You will have the opportunity to attend celebration events throughout the year.
- It encourages and helps you to enrol on the Electoral Register, so you can vote in elections.

## **Relationships:**

We understand that feeling supported and having good healthy relationships is important to everyone. We would like you to have a strong network of trusted people to support you.

### Support available to you:

- Help and advice to help you regain or maintain contact with friends, family, or previous carers.
- We promote family time (where appropriate). In some circumstances we will financially support you with travel to contact immediate family members.
- Advice and support to work with specialist support services, who can help you to learn about positive, healthy relationships.
- If you are studying away at University, we may help with your transport costs to return to Wirral.
- We will invite you and encourage you to attend activities and events throughout the year at Our Space.
- Encouraging you to engage with your PA and the Leaving Care team.

Anyone that you consider to be important to you in your life can be invited to your Pathway Plan reviews.

## **Accommodation:**

We care about where you live, how you manage, and that you feel safe in your home.

### Before you reach 18:

We will encourage you to stay "in care" until you are 18. If you choose to leave care before age 18, the law says we must

provide you with suitable accommodation. If you decide you want to leave care, we will ensure we provide you with the best support possible.

- Your views of where you want to live will have been discussed with you by your Social Worker and recorded in your Pathway Plan. Your Social Worker and Personal Advisor will look at what you want and need and try to identify suitable accommodation.
- All Care Experienced Young People are discussed at a 16-18 Leaving Care Panel before they are 18, to ensure there is a post 18 accommodation support plan in place.
- Your Personal Advisor will encourage and support you to register with **Property Pool Plus** from the age of 16. You will be eligible for Band B Status (this will become Band A from September 2023) when bidding on properties within Wirral.
- You will be invited to attend independent living skills workshops (Skilz Course) at Our Space. The Gold Skilz is also available for you to complete online.
- From the age of 16 you can register for **Mainstay Accommodation** which enables you to access supported accommodation in Wirral, including Forum Housing, The Links Projects, and Wirral Supported Lodgings.

### When you turn 18:

- If you are in a Foster Placement and you would like to stay living there when you turn 18, this is called "**Staying Put**". We will promote this and do our best to make it happen.
- We can help you access to "**Supported Lodgings**" accommodation. This is where you have your own room in a provider's home. They will work with you to support you as a young adult until you are ready to move on to other accommodation.
- Wirral Care Leavers who remain living in Wirral are exempt from Council Tax charges until you are aged 25.

• You will be supported to access and appropriately spend your First Home Grant allowance.

A rent guarantor scheme is currently being developed and we hope to implement this in 2023.

A local housing officer will be available for advice and support at Our Space weekly.

## Finances:

Making sure you have the right financial support available to you is important to us.

- If you are a relevant care leaver (aged 16 or 17) you will receive a weekly living allowance.
- If you are a relevant care leaver your rent will be paid in line with current housing benefit rates.
- You can meet your Job Centre Plus work coaches in Our Space twice a week to access benefits advice.
- If you do not have a Job Centre Plus work coach your PA can support you with benefits advice.
- In winter months (1 October 31 March) you will be eligible for a winter fuel payment; this financial support is provided via the Government's Household Support Fund. Please discuss this with your Personal Advisor.
- If you get into financial difficulties, crisis support may be available. Please discuss this with your Personal Advisor.
- You can request financial support towards driving lessons.
- A full breakdown of financial support available, including entitlements and discretionary payments, can be found in your Young Person's Guide.

If you are studying at university on an undergraduate course, we have an agreed financial package.

Your Personal Advisor will complete a budget planner with you. They can refer you to the CAB if you have any debt issues.

## **Preparing to "Leave Care"**

We know it can be a daunting time and we will do our best to support your transition to adulthood and independence.

Before turning 18, we will ensure your Social Worker or PA has supported you with:

- A current passport.
- National Insurance number.
- A provisional driving licence or relevant age ID card.
- A copy of your birth certificate.
- A bank account.
- Details of your Junior ISA (individual saving account).

## **Care Leaver Covenant:**

Care Leaver Covenant- Departments, organisations, businesses, and individuals can commit to offer a support package to care experienced young people that is tailored to their own specific expertise, underpinning their commitment to the Covenant with a specific 'offer', or 'pledge' setting out what it can provide. In return the Care Leaver Covenant organisation will use their expertise to support organisations or individuals with advice and guidance. Wirral Corporate Parenting Board have agreed to move forward with the Care Leaver Covenant self-assessment and Wirral will use the toolkit to formalise arrangements with employers who hold contracts with the council and engage a larger number of them to offer employment support and opportunities to our Care Leavers.

### **Care Leaver Covenant Connects**

The Care Leaver Covenant is about more than just employment – although that is one thing that they can help with! They have created over 2000 opportunities covering employment, training, support, free tickets, discounts, giveaways and help with DIY! Some of these will be local and some will be national – you can search the opportunities on the website. If you are a care experienced young person aged 16 – 25, all you need to do is register with "Connects" – it is free and really easy to use. Your Personal Advisor can also join up so that you can use this together. Accessing Connects is really simple and takes just a few minutes.





